

# INDIAN RIVERS MENTAL HEALTH CENTER

*"A Woman's Place"*

2209 9<sup>th</sup> Street

Tuscaloosa, AL 35401

(205) 534-9063 / (205) 391-3131

## TO ALL POTENTIAL AWP CLIENTS

We appreciate you considering substance abuse treatment at A Woman's Place, a Crisis Residential Services program located in Tuscaloosa County. In order for us to determine if our services will meet your treatment needs, please have your local mental health center or substance abuse facility send us a psychosocial assessment as well as a crisis referral form. Once we receive this information and it is determined that your treatment needs can be addressed through the services we provide, we will contact you to arrange a day for you to enter the program. You are also welcome to call 205-534-9063 Monday through Thursdays between 7am and 10am with any questions about your entry date. Once date has been determined, we will work in conjunction with your referral source to complete your admission package and ensure that you have all of the information you need to begin your treatment.

Cost of treatment at A Woman's Place is \$400.00. On the day that you enter treatment, a \$200.00 fee (payable in cash or money order) is due. The remainder of the cost of treatment will be billed or may be paid in increments. Please be aware that full-service Medicaid will pay for the cost of treatment and no admission fee is expected.

Individuals entering treatment are responsible for their own medical expenses. A \$30.00 medical deposit (payable in cash) is collected at admission for any medical expenses that may arise. Any remaining medical deposit will be returned once treatment is completed.

If you have concerns regarding payment please call Marcy Thurman, A Woman's Place Coordinator, at 205-534-9063 to discuss arrangements or allowances.

## What To Bring:

\*\*\*You will need to bring the following things with you upon admission:

- casual clothing
- personal items for day-to-day upkeep such as make-up, hair products, bath soap, personal hygiene items, etc.
- plastic clothes hangers – absolutely no wire hangers
- towels, wash cloths, a laundry basket
- stamps (phone privileges begin after one week in residence)
- a phone card will be needed if collect calls are not accepted by family/friends
- sodas, snacks, cigarettes
- twin bed sheet set, mattress cover, mattress pad, pillow.
- laundry detergent

Items that must not be brought:

- cell phones
- cameras
- pagers
- weapons of any kind (including pocket knives)

Just a few more things that may be helpful: Clients may have a radio (must be battery operated, preferably with headphones). You will be eligible to have visitors after you have been in residence one FULL week. Family group/Visitation is on Fridays from 2:00 p.m. – 5:00 p.m.

## Medication Policy:

1. Bring only medications that are prescribed by a doctor. The medication must have its original label. This label would include:
  - a) Your name
  - b) Name of drug and RX#
  - c) Date
  - d) Doctor's name

**NO MEDICATION WILL BE ACCEPTED WITHOUT A LABEL.  
THIS INCLUDES PRESCRIPTION & OVER THE COUNTER MEDICATIONS.  
ALL OTC MEDICATIONS MUST BE NEW, WITHOUT THE SEAL BROKEN.**

2. Please have all prescriptions filled **before** entering the program. AWP is not able to fill prescriptions (**YOU MUST BRING 30-DAY SUPPLY TO ENTER TREATMENT.**)
3. Narcotic medications and medications that are mood-altering **must** be discontinued before admission to AWP. If you are not sure about the medications that you are taking, please call your pharmacist and/or AWP, so this matter can be taken care of **prior** to admission date.

**If you have any questions regarding the medication policies, please feel free to call.**

**DIRECTIONS TO “A WOMAN’S PLACE”  
VIA INDIAN RIVERS MHC  
@ THE STAFFORD PLAZA – DOWNTOWN TUSCALOOSA**  
2209 9<sup>th</sup> Street  
Tuscaloosa, AL 35401  
(205) 534-9063 / (205) 391-3131

**FROM I-59**

- Take Exit 71B into Tuscaloosa (*Downtown Tuscaloosa*)
- Keep straight and once you get to the bottom of the exit ramp you will come to a traffic light.
- Go through this traffic light.
- At the next light it will be Stillman Boulevard, turn right.
- Keep straight; you will go through a traffic light at Greensboro Avenue crossing.
- At the next traffic light, this will be 23<sup>rd</sup> Avenue, you will see a tall white building on your right – THAT IS US.  
\*enter the double doors with the green IR letters, reception is on your left.

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**FROM Highways 43, 69, or 171**

- Follow Lurleen Wallace Blvd to downtown Tuscaloosa.
- Cross the bridge and keep straight to 9<sup>th</sup> Street / Stillman Blvd.
- Turn left onto 9<sup>th</sup> Street / Stillman Blvd.
- Keep straight; you will go through a traffic light at Greensboro Avenue crossing.
- At the next traffic light, this will be 23<sup>rd</sup> Avenue, you will see a tall white building on your right – THAT IS US.  
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**FROM Highway 82**

- Keep Hwy 82 into Tuscaloosa / Hwy 82 then turns into McFarland Blvd also.
- Keep straight to the intersection of McFarland & Veteran’s Memorial Parkway (*approx 4-5 traffic lights / University Mall will be on your right*)
- Turn left onto 15<sup>th</sup> Street / Veteran’s Memorial Parkway and go approximately 4 miles.
- Turn right onto Greensboro Avenue.
- Keep straight until you get to Stillman Blvd / 9<sup>th</sup> Street and turn right.
- At the next traffic light, this will be 23<sup>rd</sup> Avenue, you will see a tall white building on your right – THAT IS US.  
\*enter the double doors with the green IR letters, reception is on your left.

**EXACT LOCATION OF AWP IS NOT GIVEN OUT\***